

Laich Cottage,

Kinlochlaich Garden Self Catering

We are delighted to offer our Wood Fired Hot Tub, free, for your use. It is situated behind the cottage. Please read the below T and C. If you would like use of our Hot Tub, please print this off, and return to us signed. If you have any queries please just ask, as we are more than happy to explain the instructions for use personally. The instructions are listed below, and also there is a copy in the cottage.

Terms & Conditions for the free use of the Wood fired hot tub :-Hours of use 0800-2200hrs

- Enter the water with care making sure it is not too hot (test first). The water in the Spa should never exceed 40°C. Temperatures of 37°C - 40°C are considered safe. DO NOT enter if the temperature exceeds 40°C . At more than 37.5c you should not spend more than fifteen minutes in the hot tub. *Prolonged immersion in hot water can result in hyperthermia* – a dangerous condition that occurs when the internal body temperature exceeds 37°C. Symptoms include unawareness of impending hazard, failure to perceive heat, failure to recognise the need to exit the Spa, resulting in a danger of drowning.
To prevent dehydration and/or heat-related illness when using the hot tub, keep the bathing water temperature below +39°C and drink water regularly. Always check the bathing water temperature with your hand before entering. We provide a thermometer.
- Over filling the hot tub will cause it to overflow. Each person entering the hot tub will raise the water level by 5-7cm.
- Do not use any electrical items within five feet of the hot tub including telephone.
It is essential that everyone using the hot tub, showers before use and no foreign bodies e.g. grass, earth, sand, stones or sharp objects are introduced to the water. The hot tub will perform better if kept clean, therefore more enjoyable to use.
- The Hot Tub **will not** be available for use during adverse weather conditions, nor in periods of drought. The use if the Hot Tub is Free, so any unavailability will not incur discounts nor reimbursement.
- No children under 12 years are permitted to use the Hot Tub. It is your responsibility to supervise children at all times, and ensure that when not in use, and the stove is cold, that the water is emptied. Children between 12-16 years old must be supervised.
- If the stove is lit, please ensure all children are kept safely away.
- The Maximum number of 4 persons in the hot tub MUST NOT BE EXCEEDED.
- There is a danger of slipping and falling. Remember, wet surfaces can be very slippery. Take care when entering or exiting the Spa. Do not Jump in or out.
- The use of drugs, alcohol or medication before, or during Spa use, may lead to a danger of drowning. The use of alcohol is NOT permitted before or during use. No Smoking. There are plastic glasses provided for soft drinks. Do not use glass.

- Persons using medications should consult their Doctor before using the Hot Tub. Some medication may cause drowsiness, while other medication may affect heart rate, blood pressure and circulation. Persons using medications that induce drowsiness such as tranquilisers, antihistamines or anticoagulants should not use the Spa.
- Pregnant women should consult their Doctor before using the Hot Tub.
- Persons suffering from obesity, or with a medical history of heart disease, low or high blood pressure, circulatory problems or diabetes should consult their Doctor.

INSTRUCTIONS FOR LIGHTING THE STOVE:-

Firing up the stove

To start the hot tub stove, follow these instructions:

- Remove cover and store carefully. Do not stand on it, nor put anything on it
- Do Not light the stove until the water level is at least 20cm over the top inlet. Do not start to fill the Tub and then go away from the cottage. It takes approx. 1.5 hours to fill. Water can be left in for a maximum of 2 days; then the tub must be emptied, cleaned and refilled before use again. For hygiene purposes it is better to empty and replace the water.
- Take some kindlings and lay them on the grate in the stove. Use 1 firelighter. (Do Not use paper as lighting the fire with paper can cause ashes to come out through the flue and then fall into the hot tub.)
- Then put two or three wood logs and light.
- The stove door can be left open for maximum air circulation until the desired bathing temperature is reached.
- When heating the hot tub, do not touch or get too close to the stove and the flue which can become **very hot**.
- Never place wood on the ash pan or in front of the grate. Burning should only take place on the grate in the combustion chamber, otherwise there is risk of material damage or personal injury.

Regularly add small amounts of small wood. Large amounts of wood added to the stove at once can decrease the working temperature and create an uneven combustion, which prolongs the heating time. As a guideline, the combustion chamber can be filled up to $\frac{3}{4}$ with wood.

Adjusting the temperature

The recommended water temperature for the hot tub is +39°C. When the bathing water is 2-3 degrees from the desired temperature, reduce the airflow using the draft damper and add a small amount of wood. The temperature will rise just a few degrees before stabilising. If the water is already too warm, add cold water. Close the draft damper. This slows the burning and reduces its intensity. The temperature of the bathing water will slowly rise by only a few degrees or remain the same.

Draining the bathing water

Under **no circumstances** should the bathing water be drained as long as there are still embers in the stove, otherwise the stove can overheat and cause a fire. The bottom drain of the hot tub is located under the ash pan in the stove. Remove the draft damper and the ash pan, then open the bottom valve. Ensure the fire is out, and cold. Generally emptying the water is best done the next morning. Replace the lid after use though. (you will find that the hot tub will still be warm enough for a quick dip in the morning, as the lid is insulated)

Wintertime use :- After using the hot tub, once the fire is extinguished, the water circulation ceases. It is therefore important to drain the water at subzero temperatures to prevent ice formation between the double walls of the stove. The amount of water in the stove is relatively small and freezes faster than the water in the hot tub. Ice formation in the stove can lead to damage and, in the worst case, render the hot tub unusable. Never leave cold water in the hot tub in freezing conditions. Ice build-up can damage the stove and even render it unusable.

Please treat the Hot Tub as if it is your own. It is very expensive. We are delighted to be able to offer the free use of our Hot Tub, so please respect and value the fantastic experience it offers you!

Damages:-

Any damage to Hot Tub e.g the lid etc will be charged for. (the lid cost 600!)Any maintenance required as a result of the introduction of pollutants (including soap, shampoo etc) will also incur an extra cleaning charge.

Agreement of use:-

I have read and understood the guidelines and safety advice for using the Hot Tub. I agree to only use the Hot Tub in the correct manner, following the Safety Guidelines. I understand that *Kinlochlaich Garden Self catering* will in no way be held responsible for any accident or injury arising from incorrect use of the Hot Tub, or failure to adhere to the safety advice. It should be noted that you are signing to accept the above and have read/understood all points highlighted within the terms and conditions.

I understand that at some times that use of the Hot Tub may be suspended – e.g in times of drought. There will be no discount offered in such times.

I understand that any damage to the Hot Tub or cover incurred by my party will have to be covered by myself. Any damage caused by misuse will be billed. If the customer does not pay for damage willingly then we will pursue for lost moneys in a small claims court.

Signed:

Date:

Print Name: